Pharmaceuticals contain active ingredients that can be introduced into our water sources. According to Harvard Medical School, this can have unknown health effects on those who drink from this water. Minimizing contamination of water supplies will lower human exposure to these potentially harmful substances.

You can safely drop off your medications at various drug disposal boxes. To find a location near you visit

nabp.pharmacy/drug-disposal OR dontrushtoflush.org/med-bins

Other Resources:

- [https://www.takebackdrugs.org/](https://www.takebackdrugs.org/)